

# May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
					14:30-15:45 Basic Yoga(Asako)	10:30-11:45 ALL Level(Asako)  14:00-15:15 Basic Yoga(Asako)
3	4	5	6	7	8	9
	14:30-16:20 Ashtanga Yoga Mysore(Asako)		19:00-20:30 Bujinkan(Paul)	10:30-11:45 Breathing & Asana (Kaori)	14:30-15:45 Basic Yoga(Shige)	10:30-11:45 ALL Level(Asako)  14:00-15:15 Basic Yoga(Asako)
10	11	12	13	14	15	16
	14:30-16:20 Ashtanga Yoga Mysore(Asako)		19:00-20:30 Bujinkan(Paul)	10:30-11:45 Breathing & Asana (Kaori)	14:30-15:45 Basic Yoga(Asako)	10:30-11:45 ALL Level(Asako)  14:00-15:15 Basic Yoga(Asako)
17	18	19	20	21	22	23
	14:30-16:20 Ashtanga Yoga Mysore(Asako)		19:00-20:30 Bujinkan(Paul)	10:30-11:45 Breathing & Asana (Kaori)	14:30-15:45 Basic Yoga(Asako)	10:30-11:45 ALL Level(Asako)  14:00-15:15 Basic Yoga(Kaori)
24/31	25	26	27	28	29	30
	14:30-16:20 Ashtanga Yoga Mysore(Asako)		19:00-20:30 Bujinkan(Paul)	10:30-11:45 Breathing & Asana (Kaori)	14:30-15:45 Basic Yoga(Shige)	10:30-11:45 ALL Level(Asako)  14:00-15:15 Basic Yoga(Asako)  17:00-18:30 Bujinkan(Paul)