

# July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
				10:30-11:45 Breathing & Asana (Kaori)		10:30-11:45 ALL Level(Asako)
					14:30-15:45 Basic Yoga(Kaori)	14:00-15:15 Basic Yoga(Asako)
			19:00-20:30 Bujinkan(Paul)			17:00-18:30 Bujinkan Basic(Ryu)
5	6	7	8	9	10	11
				10:30-11:45 Breathing & Asana (Kaori)		10:30-11:45 ALL Level(Asako)
	14:30-15:45 Mindfulness Yoga (Kaori)				14:30-15:45 Basic Yoga(Shige)	14:00-15:15 Basic Yoga(Asako)
			19:00-20:30 Bujinkan(Paul)			17:00-18:30 Bujinkan(Paul)
12	13	14	15	16	17	18
				10:30-11:45 Breathing & Asana (Kaori)		10:30-11:45 ALL Level(Asako)
	14:30-15:45 Mindfulness Yoga (Kaori)				14:30-15:45 Basic Yoga(Shige)	14:00-15:15 Basic Yoga(Asako)
			19:00-20:30 Bujinkan(Paul)			17:00-18:30 Bujinkan(Paul)
19	20	21	22	23	24	25
				10:30-11:45 Breathing & Asana (Kaori)		10:30-11:45 ALL Level(Shige)
	14:30-15:45 Mindfulness Yoga (Kaori)				14:30-15:45 Basic Yoga(Shige)	14:00-15:15 Basic Yoga(Shige)
			19:00-20:30 Bujinkan(Paul)			17:00-18:30 Bujinkan Basic(Kaneto)
26	27	28	29	30	31	
				10:30-11:45 Breathing & Asana (Kaori)		
	14:30-15:45 Mindfulness Yoga (Kaori)				14:30-15:45 Basic Yoga(Kaori)	
			19:00-20:30 Bujinkan(Paul)			