December

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
		10:30-11:45 Basic Yoga (Naomi)		10:30-11:45 Breathing & Asana (Kaori)		11:00-12:15 All level(Tomoe)
					14:00-15:15 Online Yoga (Tomoe)	14:00-15:15 Basic Yoga(Tomoe)
			19:00-20:30 Bujinkan(Paul)			17:00-18:30 Bujinkan Basic(Ryu)
6	7	8	9	10	11	12
		10:30-11:45 Basic Yoga (Naomi)		~~10:30-11:45~~ ~~Breathing & Asana~~ ~~(Kaori)~~		11:00-12:15 All level(Tomoe)
14:00-15:15 Online Yoga (Asako)	14:30-15:45 Mindfulness Yoga (Kaori)				14:00-15:15 Online Yoga (Tomoe)	14:00-15:15 Basic Yoga(Tomoe)
			19:00-20:30 Bujinkan(Paul)			17:00-18:30 Bujinkan(Paul)
13	14	15	16	17	18	19
		10:30-11:45 Basic Yoga (Naomi)		~~10:30-11:45~~ ~~Breathing & Asana~~ ~~(Kaori)~~		11:00-12:15 All level(Tomoe)
14:00-15:15 Online Yoga (Asako)	14:30-15:45 Mindfulness Yoga (Kaori)				14:00-15:15 Online Yoga (Tomoe)	14:00-15:15 Basic Yoga(Tomoe)
			19:00-20:30 Bujinkan(Paul)			17:00-18:30 Bujinkan(Paul)
20	21	22	23	24	25	26
		10:30-11:45 Basic Yoga (Naomi)		~~10:30-11:45~~ ~~Breathing & Asana~~ ~~(Kaori)~~		11:00-12:15 All level(Shige)
14:00-15:15 Online Yoga (Asako)	14:30-15:45 Mindfulness Yoga (Kaori)				~~14:00-15:15~~ ~~Online Yoga~~ ~~(Tomoe)~~	14:00-15:15 Basic Yoga(Shige)
			~~19:00-20:30~~ ~~Bujinkan(Paul)~~			17:00-18:30 Bujinkan Basic(Kaneto)
27	28	29	30	31		
		10:30-11:45 Basic Yoga (Naomi)		~~10:30-11:45~~ ~~Breathing & Asana~~ ~~(Kaori)~~		
14:00-15:15 Online Yoga (Asako)	~~14:30-15:45~~ ~~Mindfulness Yoga~~ ~~(Kaori)~~					
			~~19:00-20:30~~ ~~Bujinkan(Paul)~~			